



### A SMOOTH, NATURAL EXERCISE EXPERIENCE

The whisper-quiet suspension design of the S60 provides an exceptionally smooth, natural exercise experience that protects the user's joints while engaging the whole body. Refined ergonomic details and an easily accessible design make it easy for anyone to get started and have a comfortable workout.

#### SUSPENSION ELLIPTICAL

Frame Type	Suspension Elliptical Trainer
Stride Length	53.4 cm / 21"
Step-on Height	23 cm / 9"
Power Incline	No
Resistance System	2-stage generator
Resistance Range	1-25
Pedal Type	Oversized with rubber inserts
Pedal Spacing	5.1 cm / 2"
Handlebar Type	Standard foam grips and stationary with contact heart rate grips
Extras	Water bottle holder, reading rack
Assembled Dimensions	186 x 75 x 164 cm / 74" x 29.5" x 64.5"
Assembled Weight	140 kg / 308 lbs.
User Weight Capacity	182 kg / 400 lbs.
Electrical Requirements	Self-powered

#### CONSOLE

Display	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display
Workout Feedback	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile
Programs	Manual, Interval, Fat Burn, Random, HR Weight Loss, HR Interval, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal
Heart Rate	Contact grips, wireless receiver



Specifications subject to change without notice.